

Due to legal requirement a certain number of First Aiders will be required dependant on how many people are being employed at the establishment. First Aiders will respond to all accidents or sudden illnesses in the work place. Once qualified, you will be issued with an approved HSE certificate which will be valid for 3 years. Subjects covered include the following.

- Legal Requirements
- Role of a First Aider
- The First Aid Box
- Reporting
- Diagnosis a casualty
- Personal hygiene
- Primary & Secondary survey
- The Recovery Position
- Respiratory System Disorders
- Causes of Unconsciousness
- The Circulation System
- CPR
- Choking
- Wounds/Bleeding
- Bone & Muscle Injuries
- Spinal Injuries
- Head Injuries
- Strokes
- Epilepsy
- The effects of heat and cold
- Poisons
- Burns
- The Digestive System
- Miscellaneous Conditions

First Aid at Work Dates

20th – 23rd October 2008

17th – 20th November 08

15th – 18th December 08

First Aid Refreshers

25th – 26th November 2008

Assessment: Exam based & Practical

Duration: 4 days

Certification: Skills for Security & HSE